



INDIAN MEDICAL ASSOCIATION (HQs.)



(Registered under the Societies Act XXI of 1860)
Mutually Affiliated with the British & Nepal Medical Associations
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07.04.2021

New Delhi

IMA RESOLVE TO WORK WITH EMPATHY TO ENSURE THAT EVERYONE, EVERYWHERE, CAN REALIZE THE RIGHT TO GOOD HEALTH ON THIS WORLD HEALTH DAY

April 7 of each year marks the celebration of World Health Day. From its inception at the First Health Assembly in 1948 and since taking effect in 1950, the celebration has aimed to create awareness of a specific health theme to highlight a priority area of concern for the World Health Organization.

Over the past 50 years this has brought to light important health issues such as mental health, maternal and child care, and climate change, drug resistance etc. The celebration is marked by activities which extend beyond the day itself and serves as an opportunity to focus worldwide attention on these important aspects of global health.

Our world is an unequal one.

As COVID-19 has highlighted, some people are able to live healthier lives and have better access to health services than others - entirely due to the conditions in which they are born, grow, live, work and age and earmarked as rural and urban population.

All over the world, some groups struggle to make ends meet with little daily income, have poorer housing conditions and education, fewer employment opportunities, experience greater gender inequality, and have little or no access to safe environments, clean water and air, food security and health services. This leads to unnecessary suffering, avoidable illness, and premature death. And it harms our societies and economies.

This is not only unfair: it is preventable. Realising this preventable we urge all our fraternity members and leaders of our nation to ensure that everyone has living and working conditions that are conducive to good health. At the same time we urge leaders to monitor health inequities, and to ensure that all people are able to access quality health services when and where they need them. Affordable, accessible quality health care must be available for all.

India is producing 86000 modern medicine doctors every year from 536 medical colleges and have more than 13 lakhs doctors at par with the WHO requirement. Aside we have 7.5 lakhs Ayurveda doctors to provide quality health care to our population. However due to skewed distribution, lack of associated manpower of allied health care professionals and infrastructure we are still striving to reach universal quality health coverage. There is no short cut solution for this and it is not fair to divide the people as urban or rural and offer compromised health delivery system to rural India.

The theme for this year is "Building a fairer, healthier world for everyone". A healthy living revolves around keeping both physical and mental health in balance. We need integrated approach of health care professionals of each system contribute to the needs of each person with their expertise in a collective way. However to achieve this if it is expected of a single doctor to provide all the good of each system it will produce counter effect and dampen the quality of health care. Hence to achieve the fairer, healthier world for everyone, we need to develop each system professionals as puritan and devise a health care delivery system as an integrated approach and not mixopathy. IMA firmly believe mixopathy is a not an option for achieving accessible and affordable health care and resolve to fight against it, but respect and support all other systems of medicine.

Purity of Profession – Parity in Healthcare

All communications intended for headquarters office should be addressed to the Honorary Secretary General



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On this World Health Day, IMA implead to the Government of India ,calling for action to eliminate health inequities, as part of a year-long global campaign to bring people together to build a fairer, healthier world by:

- Establish more medical colleges in needy rural and difficult areas of our country and enhance Health man power of each system.
- Create National cadet of doctors who are willing to serve in any part of country .
- Enhance coordinated research to bring out the hidden treasures of our Vedic literature and traditional medicine .
- Create purity of professional system with integrated approach to ensure parity in delivery and say no to mixopathy.
- Work towards building safe and healthy environment ,pure air to breath and house to live.
- Ensure safe drinking water under health department
- Promote Healthy lifestyle and control of alcohol, tobacco and drug menace
- Create Positive mental health by protecting from sexual harassment , differentiation by cast and creed and gender inequality.

IMA on this day commit and dedicate with all our fraternity involvements and support of Ministry of Health to achieve the WHO's constitutional principle that "the enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition."

To make this possible ,IMA submit the list 1000 doctors of Modern Medicine ,to serve in any part of the country as an when required by Government of India under norms and stipulation of central Government.

IMA wish all our fraternity and community safe, secure and equal quality health care

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National President

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