



INDIAN MEDICAL ASSOCIATION

Health First... Healthy Profession for Healthy Nation...



Mission 
Pink Health
safe  **motherhood**
week **1-7 JULY 2021**

MPH 2021-2022
SAFE MOTHERHOOD
ACTIVITY REPORTS

Dr. Divya Saxena
National Chairperson, MPH

Dr. Santvana Sharan
National Convenor, MPH

IMA Mission Pink Health



DAY 1

of the week organised by
MISSION PINK HEALTH



INDIAN MEDICAL ASSOCIATION

Health First... Healthy Profession for Healthy Nation...



Announces:
safe motherhood
Week **1-7 JULY 2021**

Jointly
Organised By:



Mission
Pink Health



An Indian Medical Association initiative
from Doctors Day onwards

A week long webinar series

1st JULY TO 7th JULY, 2021, 8:00PM ONWARDS

Addressing all health related issues of
pregnancy leading to safe motherhood..

1st JULY 2021, 8:00PM ONWARDS



Theme For The Day

ADOLESCENCE: "नींव THE FOUNDATION"

Programme
Incharge
&
Moderators



DR. DIVYA SAXENA
National Chairperson MPH



DR. SANTVANA SHARAN
National Convener MPH

Safe Motherhood Week

IMA Mission Pink Health



INDIAN MEDICAL ASSOCIATION

Health First... Healthy Profession for Healthy Nation...



PROGRAM DETAILS

Time	Inaugural Ceremony	Speakers
8:00PM	IMA PRAYER & FLAG SALUTATION	DR. DIVYA SAXENA DR. SANTVANA SHARAN
8:05PM	PRESIDENTIAL ADDRESS	DR. J.A. JAYALAL
8:15PM	WELCOME ADDRESS	DR. ERIKA PATEL
8:20PM	CHAIRPERSON ADDRESS	DR. DILIP KUMAR DUTTA BOOK LAUNCH
8:25PM	HONOURING WOMEN DOCTORS FOR THEIR EXCEPTIONAL SERVICE IN COVID PANDEMIC	DR. ERIKA PATEL
8:40PM	FOGSI PRESIDENT	DR. SHANTHA KUMARI
8:50PM	LAUNCH OF SWAYAM PROGRAM	DR. LYESODA
8:55PM	LAUNCH OF MPH AWARENESS VIDEOS & POSTERS	DR. DIVYA SAXENA

Time	Scientific Session	Speakers	Chairpersons
09:00PM 12min + 3min	NUTRITIONAL ANEMIA: PREVENTION, DETECTION & CORRECTION	DR. PURVI CHAWLA	DR. AMRITA RAI
09:15PM 12min + 3min	MENSTRUAL HYGIENE: IT'S EFFECTS OF POOR HYGIENE ON MOTHERHOOD	DR. PRITI KUMAR	DR. ANUPAMA R. SREEKUMAR
09:30PM 12min + 3min	CHILDHOOD OBESITY: LEADING TO METABOLIC DISORDERS & HIGH RISK PREGNANCY	DR. GAGAN PRIYA	DR. RAKHI AGARWAL
09:45PM	VOTE OF THANKS & WIND OFF WITH NATIONAL ANTHEM	DR. SANTVANA SHARAN	

Session-1

SPEAKER



DR. PURVI CHAWLA
Consultant Diabetologist
& Director of Clinical Research
Lina Diabetes Care

CHAIRPERSON



Dr. AMRITA RAI
CO-CHAIRPERSON, MPH

Session-2

SPEAKER



DR. PRITI KUMAR
CHAIRPERSON:
SAFE MOTHERHOOD COMMITTEE
FOGSI

CHAIRPERSON



Dr. ANUPAMA R. SREEKUMAR
JOINT SECRETARY, MPH

Session-3

SPEAKER



DR. GAGAN PRIYA
MD MEDICINE (SMS JAIPUR),
DM ENDOCRINOLOGY & METABOLISM
(AIIMS, NEW DELHI)

CHAIRPERSON



DR. RAKHI AGARWAL
MEMBER, MPH

Safe Motherhood Week

IMA Mission Pink Health



Doctors Day Special
"Safe Motherhood"
initiative of IMA presented in
Dance and Dialogue by
Team IMA Mission Pink Health.



INDIAN MEDICAL ASSOCIATION



E Launch of
Awareness Videos
& Posters
Mission Pink Health
LET'S PLEDGE TO BUILD A STRONG FOUNDATION
for
SAFE & HEALTHY MOTHERHOOD

IMA Mission Pink Health



**PUBLIC AWARENESS VIDEO
PREPARED BY
MISSION PINK HEALTH TEAM**



VIDEO: NUTRITION FOR ADOLESCENTS



VIDEO: Menstrual Hygiene Management

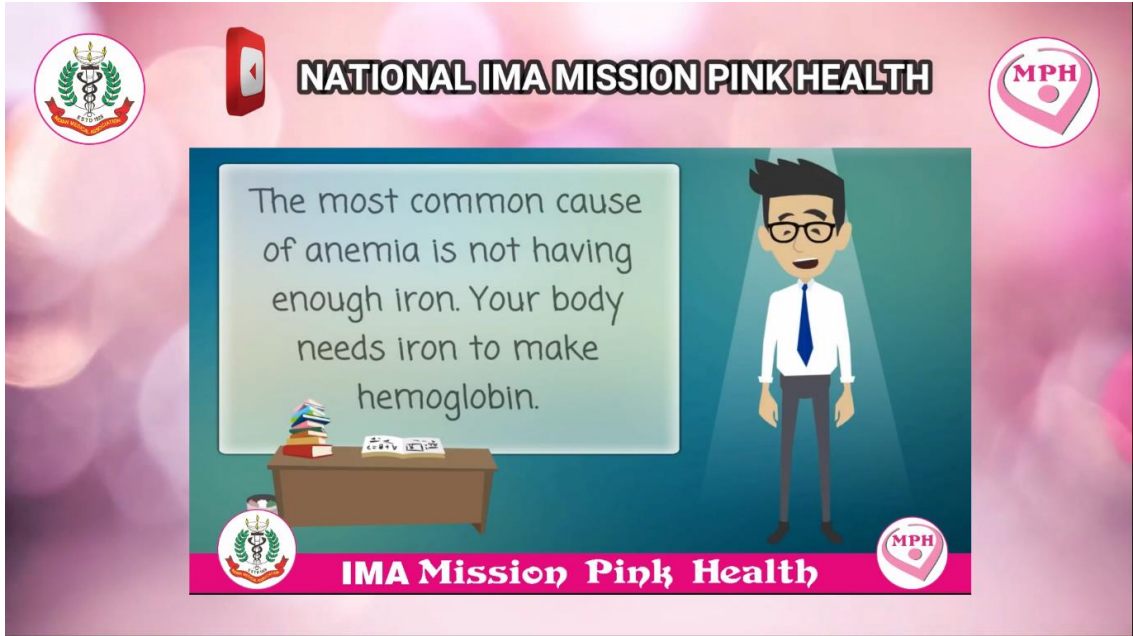




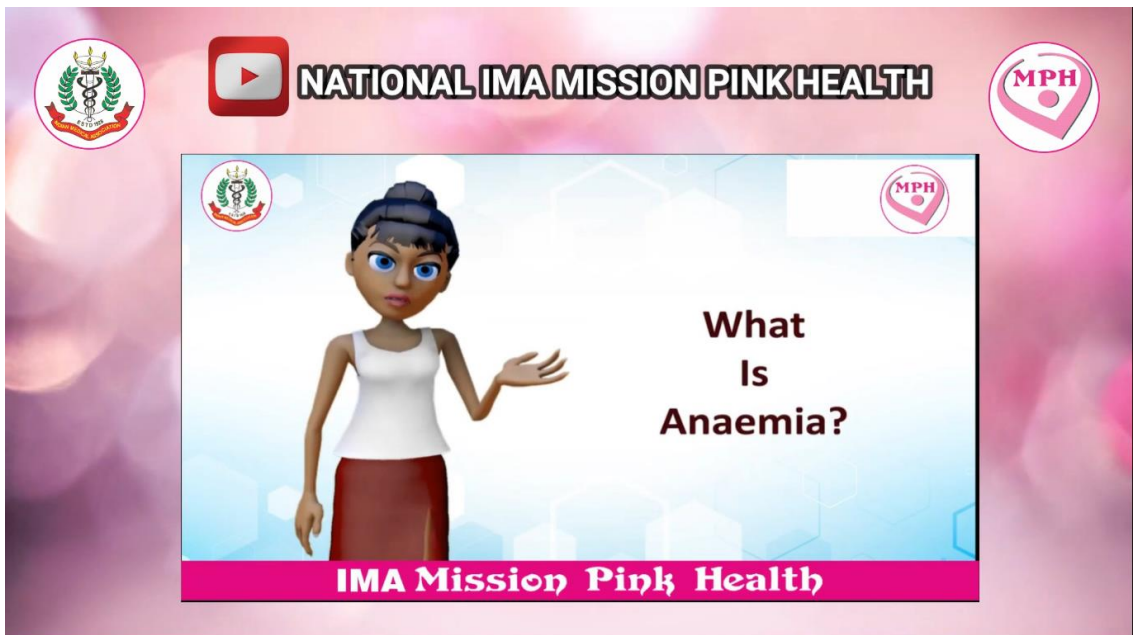
**PUBLIC AWARENESS VIDEO
PREPARED BY
MISSION PINK HEALTH TEAM**



VIDEO: Anemia Causes, Symptoms, Treatments



VIDEO Anemia Causes, Symptoms, Treatments HINDI



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**PUBLIC AWARENESS VIDEO
PREPARED BY
MISSION PINK HEALTH TEAM**



VIDEO: MENSTRUAL HYGIENE ENGLISH



VIDEO: MENSTRUAL HYGIENE HINDI



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**PUBLIC AWARENESS VIDEO
PREPARED BY
MISSION PINK HEALTH TEAM**



VIDEO: CHILDHOOD OBESITY (A rising cause of concern)



PPT: : Anemia Causes, Symptoms, Treatments





PUBLIC AWARENESS POSTERS PREPARED BY MISSION PINK HEALTH TEAM



Mission Pink Health

CHILDHOOD OBESITY

Awareness Month

Childhood Obesity Leads To

- High Cholesterol
High Blood Pressure
- Type 2 Diabetes
Heart Disease
- Asthma
Sleep Apnea

Prevent It!
Try these three simple steps to prevent childhood obesity and keep your child happy and healthy for years to come.

- Limit Screen Time**
Limit screen time for your child at home, school and child-care facilities.
- Offer Fruits & Veggies**
Offer your child plenty of fruits and vegetables, and limit foods high in fat and sugar.
- Encourage Physical Activity**
Encourage your child to get physical activity every day! Set a good example and get out and move with them.

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OBESITY

REASONS

- binge eating
- no activity
- genetic predisposition
- stress
- medicines

CONSEQUENCE

- diabetes
- heart disease
- stomach ulcer
- fatty liver
- respiratory failure

PREVENTION

- frequent meals
- healthy diet
- sport
- walks in the open air
- daily regime

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WHAT TO DO TO PREVENT/AVOID ANAEMIA?

IRON RICH DIET
GREEN VEGETABLES, SOWA, POTATO LEAVES, RADDISH, RAGI, BAJRA, CHIPPED RICE, JAGGERY, PUFFED RICE

- BAJARA
- RAGI
- POHA
- EGG, MEAT
- JAGGERY
- DATES
- SITA PHAL,
- GREEN VEGETABLES

DATES, SOYABEAN, KISMIS, SITA PHAL ARE RICH IN IRON. IN NON VEG. MEAT, LIVER, MUTTON, EGG CONTAIN IRON.

WE SHOULD HAVE SALAD, FRESH LEMON, TOMATO, SPROUTES IN OUR MEAL ATLEAST ONCE DAILY. THESE ARE RICH IN IRON.

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SYMPTOMS OF ANAEMIA

- WEAKNESS AND LETHARGY
- EXHAUSTION ON LITTLE EXERTION
- GIDDINESS/ FAINTING ATTACKS. LOSS OF APETITE
- BODY ACHES/ LOSS OF ZEAL

ANAEMIA CAUSES WEEKNESS



PUBLIC AWARENESS POSTERS PREPARED BY MISSION PINK HEALTH TEAM



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HOW TO SAVE ADOLESCENT GIRLS FROM ANAEMIA
WAYS ARE THERE TO ESCAPE ANAEMIA



TAKE IRON RICH FOOD




TAKE ONE IRON TABLET EVERY WEEK




TAKE DEWORMING TAB EVERY 6 MONTHS

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CAUSES OF ANAEMIA



REPEATED PREGNANCIES



WORMS IN CHILDREN




EXCESSIVE BLOOD FLOW IN MENSES


REPEATED MALARIA / PILES / GASTRIC ULCERS CAUSE ANAEMIA DUE TO BLOOD LOSS

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WHAT SHOULD BE DONE TO CURE/TREAT ANAEMIA?



IRON TABLETS




DEWORMING TABLETS

- TAKE TWO TABLETS OF IRON AFTER MEALS FOR 3 MONTHS
- CHILDREN SHOULD TAKE DEWORMING TABLETS ONCE EVERY 6 MONTHS
- TAKE PROPER TREATMENT FOR MALARIA, GASTRIC ULCER, EXCESSIVE BLEEDING DURING MENSTRUATION & OTHER DISEASES WHICH CAUSES BLOOD LOSS.


IRON TABLETS ARE AVAILABLE AT ALL THE GOVT. DISPENSARIES FREE OF COST.

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HOW TO RECOGNIZE ANAEMIA IN ADOLESCENT GIRLS




LOSS OF APETITE, TIREDNESS, BREATHLESSNESS




WHITENESS IN LOWER EYELIDS / FAINT COLOUR



NAILS TONGUE / FAINT COLOURED



TONGUE APPEARS PALE / FAINT COLOURED



SWELLING IN LOWER LIMBS



PUBLIC AWARENESS POSTERS PREPARED BY MISSION PINK HEALTH TEAM





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OBESITY

Consequence

- heart diseases
- diabetes
- fatty liver
- stomach ulcer

1.5 billion people in the world are overweight

Prevention

- frequent meals
- healthy diet
- sport
- walks in the open air
- daily regime
- alcohol restriction

Reasons

- binge eating
- no activity
- genetic predisposition
- medicines
- unhealthy diet
- stress
- endocrine disorders
- age





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IRON RICH FOOD:

 <p>CHICKEN</p>	 <p>LIVER</p>	 <p>BROCCOLI</p>	 <p>DRIED BEANS/ GREEN PEAS</p>
 <p>PORK</p>	 <p>BEEF</p>	 <p>POTATOES WITH SKIN</p>	 <p>SPINACH</p>
 <p>EGG YOLK</p>	 <p>CLAMS</p>	 <p>IRON FORTIFIED CEREALS</p>	 <p>RAISINS</p>
 <p>SHRIMP</p>	 <p>DRIED APRICOT</p>	 <p>WATERMELON</p>	



FACEBOOK PROFILE FRAME CREATED FOR SAFE MOTHERHOOD WEEK



http://www.facebook.com/profilepicframes/?selected_overlay_id=340885877446283

IMA Mission Pink Health



PROMOTIONAL Twitter Post



safe
motherhood
Week 1-7 JULY 2021



Let's tweet at 5 pm daily, simultaneously

#Savethemothersavethechild

#safemotherhoodweek

#indianmedicalassociation

1st to 7th July, 8 pm onwards

Join

<https://us02web.zoom.us/j/82180957796>



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safe  *motherhood*
week **1-7 JULY 2021**

ANDHRA PRADESH ACTIVITY REPORT

***CHAIRPERSON MPH
DR. LAVU ARUNA***

 NATIONAL IMA MPH

IMA Mission Pink Health



Andhra Pradesh

Date Time: Jul 11, 2021 06:00 PM India

Topic: Safe Motherhood on account of World Population Day 2021

Description: IMA - MSN AP in association with KIMS & RF Presents Live Webinar on Safe Motherhood on account of World Population Day 2021



IMA-MSN AP
KIMS AND RF



**IMA-MSN
ANDHRA PRADESH**

PRESENTS

*Webinar on
Safe Motherhood
&
World Population Day*

11 July 2021

at 6:00 pm

Platform: Zoom

Powered By:

CLIRNET[®]
Collaborate • Learn • Innovate • Research • Network



Dr. N. Subrahmanjam
STATE PRESIDENT
IMA-MSN AP



Dr. K. S. Karuna Murthy
STATE CHAIRMAN
IMA-MSN AP



Dr. G. Nandakishore
HON. GEN. SECRETARY
IMA-MSN AP



Dr. Subhas Chandra Bose
FINANCE SECRETARY
IMA AP
(INAGURATION)




Dr. Divya Saxena
NATIONAL CHAIRMAN
IMA MISSION PINK HEALTH
(CHIEF GUEST)



Dr. K. Vani Madhavi
PROFESSOR AND HOD
DEPT. OF COMMUNITY MEDICINE
KIMS&RF AMALAPURAM
(SPEAKER)

IMA Mission Pink Health





IMA-MSN AP 


KIMS & RF, AP

PROUDLY PRESENTS


A WEBINAR ON
SAFE MOTHERHOOD
ON THIS **WORLD POPULATION DAY 2021**

11TH JULY FROM 6PM
ON ZOOM PLATFORM 







CHIEF GUEST
Dr. Divya Saxena
National Chairman
IMA Mission Pink Health




INAUGURATION
Dr. Subhas Chandra Bose
FINANCE SECRETARY
IMA AP




SPEAKER
Dr. K. Vani Madhavi
Professor & HOD
Department of Community Medicine
KIMS&RF, Amalapuram




Dr. N. Subrahmanyam
STATE PRESIDENT
IMA-MSN AP



Dr. G. Nanda Kishore
Hon. Gen. Secretary
IMA-MSN AP



Dr. K. S. Karuna Murthy
STATE CHAIRMAN
IMA-MSN AP



L. V. Simhachalam K
STATE CONVENER
IMA-MSN AP

IMA-MSN AP 

IMA-MSN Andhra Pradesh **IN ASSOCIATION WITH**
KIMS & RF

PRESENTS
Webinar on
Safe Motherhood
on account of
World Population Day 2021

JULY 11, 2021 AT 6:00 PM
AT ZOOM PLATFORM

Chief Guest



Dr Divya Saxena
National Chairman,
IMA Mission Pink Health





Dr Subhas Chandra Bose
Finance Secretary
IMA Andhra Pradesh
[INAUGURATION]



Dr K Vani Madhavi
Professor and Head of Department,
Department of Community Medicine,
KIMS&RF, Amalapuram
[SPEAKER]



Dr N Subrahmanyam
State President
IMA MSN AP



Dr K. S. Karuna Murthy
State Chairman
IMA MSN AP

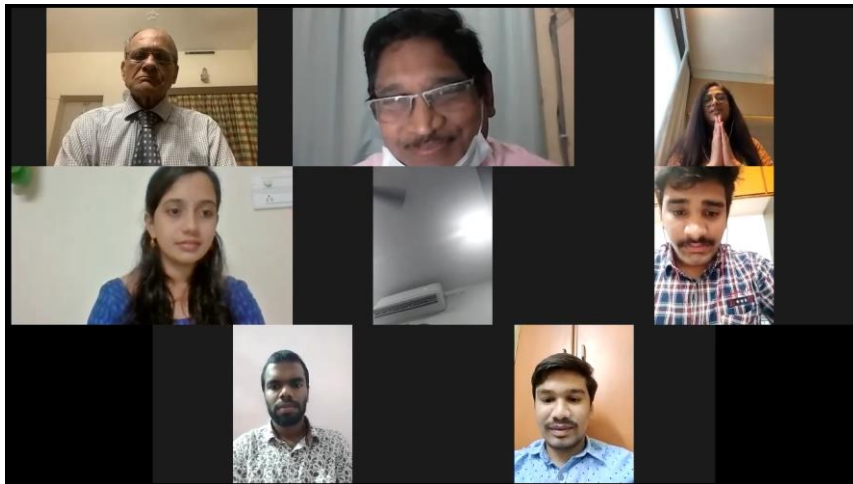
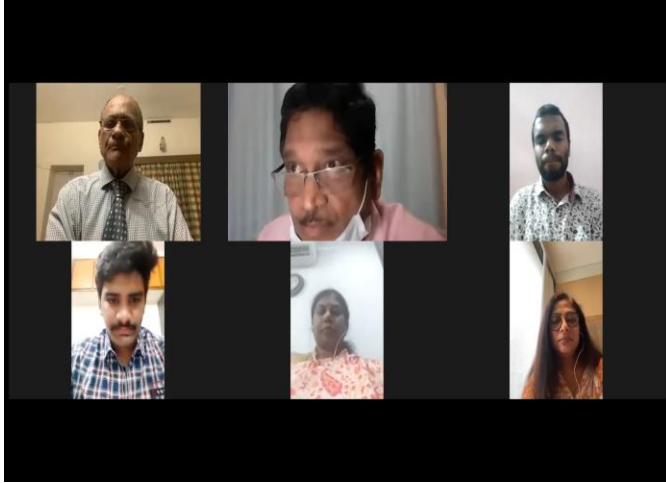


Dr. Nandakishore
Hon. Gen. Secretary
IMA MSN AP



L. V. Simhachalam K
State Convener
IMA MSN AP

IMA Mission Pink Health



 **INDIAN MEDICAL ASSOCIATION**
Health First... Healthy Profession for Healthy Nation...
Presents

Safe Motherhood Initiative

with


  

safe motherhood initiative

*When Motherhood means bliss for women.
Let make her motherhood worth it.*

Dr. Divya Saxena
National Chairperson IMA MPH



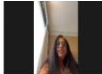
 **Maternal mortality statistics**

Maternal Mortality Ratio (MMR) - MMR refers to the number of women who die as a result of complications of pregnancy or childbearing in a given year per 100,000 live births in that year.

Maternal Mortality Rate - Maternal Mortality Rate is defined as the number of maternal deaths to women in the ages 15-49 per lakh of women in that age group.

Life time Risk - Life time risk is defined as the probability that, one women of reproductive age (15-49) will die due to child birth or puerperium assuming that chance of death is uniformly distributed across the entire reproductive span.

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safe  *motherhood*
week **1-7 JULY 2021**

ASSAM ACTIVITY REPORT

CHAIRPERSON MPH
DR. PRERNA KESHAN
AGRAWAL

 NATIONAL IMA MPH

IMA Mission Pink Health



Indian Medical Association Assam State Branch



ACTIVITY REPORT OF SAFE MOTHERHOOD WEEK

As a part of the National Safe Motherhood Week celebration from the 1st July to the 7th July 2021, under the able leadership of State President Dr. Satyajit Borah and HSS Dr. Sikha Sharma, the IMA ASB along with its various subcommittees-MPH, WDW and SMC has taken the following initiatives across the state of Assam with a vision to ensure safe motherhood.

1) A pan Assam Hb. Estimation campaign to detect the prevailing anaemia in pregnant females across the state with a string of camps in different districts of Assam starting from the 1st July and ongoing till the 7th July. The campaign was inaugurated by the Treasurer of WMA and past National President Dr Ravi Wankhedkar as the esteemed Chief guest. The meeting was presided over by State President IMA ASB Dr Satyajit Borah and proceedings taken up by HSS Dr Sikha Sharma. The state coordinator of Safe Motherhood Committee Assam Dr. Prerna Keshan along with the 16 branch coordinators in various districts of Assam mobilized around 100 individual establishments including govt. as well as private institutions catering more than 6000 pregnant females across the state of which Hb estimation data of around 4000 antenatal females has already been received and the final compilation shall be done after the concluding day on the 7th July. This community outreach programme has been designed to frame our mindset towards prevention of anaemia (mild/moderate/severe) for better sustainability of females during child birth. This flagship project of IMA ASB identifies and emphasizes on the basic wellbeing of the to be mothers to pave her way towards a better maternal and perinatal outcome. The individual doctors participating in the campaign has received an appreciation certificate by IMA ASB for successfully conducting a PAN ASSAM WEEK LONG ANAEMIA DETECTION CAMPAIGN.





In addition to the Hb detection campaign Guwahati, Tezpur, Jorhat branches of IMA ASSAM organized awareness programmes on “Care during Preagncy”, “Covid and Pregnancy” and “Menstrual Hygiene” on 1st July 2021.

2) Another project as a part of the continuing “Safe Motherhood Week” celebration, the IMA ASB launched a mega training camp on the 5th of July, for the grass root level workers to reach to every nook and corner of our state for the sake of ensuring safe motherhood. The inauguration of the launching session was done by Mission Director NHM Assam Dr Laxmanan S.(IAS) and National convener Safe Motherhood week Dr Erika Patel. The meeting was presided over by State President Dr Satyajit Borah. The ASHA karmis are the ones who come in first contact with the pregnant females in the remotest part of the state where the prevailing maternal and perinatal mortality is still very significant. This first of its kind IMA ASB flagship project is basically conceptualized with a vision of a much healthier Assam and a motto towards educating and empowering our basic health infrastructure at the Block PHC which are the very first stop of pregnant women during the times of obstetric emergencies as well as routine ANC. So the motive of IMA ASB is to educate the health personnels in charge of these Block PHC to take into account the preventive strategies and incorporate early intervention whenever required along with timely appraisal and referral to secondary or tertiary level care centres. IMA ASB SMC state coordinator Dr Prerna Keshan conducted the first training module in district Tinsukia catering over 100 ASHA KARMIS (following COVID norms) from five different BPHCs encompassing the commonest causes of maternal mortality -haemorrhage, anaemia, HTN, eclampsia, prolonged/obstructed labour, puerperal sepsis. Taking technology to our aid, the mega training has been conducted by zoom relay with OHPs. The training module was in local vernacular language and the recording of the same is circulated to other beneficiaries for continuing education. The ASHAs attending the training session were given an eponym by the state president to be the ambassadors of IMA ASB for safe motherhood and has been awarded a certificate of appreciation too.



आईएमए का सुरक्षित मातृत्व सप्ताह

▲ पूर्वोदय संवाददाता तिसुकिया, 5 जुलाई। इंडियन मेडिकल एसोसिएशन (आईएमए) की प्रदेश शाखा के तत्वावधान व आईएमए के प्रदेश अध्यक्ष डा. सत्यजीत बोरा और प्रदेश सचिव डा. शिखा शर्मा के नेतृत्व में विभिन्न उपसमितियों मिशन पिक हेल्थ, डब्ल्यूटीडब्ल्यू एवं एसडब्ल्यूओ के साथ राज्य में 1 से 7 जुलाई तक सुरक्षित मातृत्व सप्ताह मनाया जा रहा है। सुरक्षित मातृत्व समिति की चेयरपर्सन डा. प्रेणा केशान के अनुसार लगभग 100 सरकारी, निजी संगठनों के अलावा राज्य भर में विभिन्न जिलों में संगठन 5000 से अधिक गर्भवती महिलाओं के लिए एनोमिया जांच अभियान चलाया जा रहा है। वह राज्य में अपनी तरह का पहला अभियान है। इसके अलावा एक और परियोजना मेगा प्रशिक्षण शिविर का आयोजन, आईएमए के प्रदेश अध्यक्ष डा. सत्यजीत बोरा ने शुरू किया। इससे सुरक्षित मातृत्व सुनिश्चित करने में मदद मिलेगी। इस परियोजना का शुभारंभ मुख्य अतिथि डॉ लक्ष्मण एनएचएम असम और गेस्ट ऑफ ऑनर जिला संयुक्त स्वास्थ्य निदेशक डा. अल्लाह अहमद ने किया।

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INDIAN MEDICAL ASSOCIATION

Health First... Healthy Profession for Healthy Nation...



Mission Pink Health

safe  motherhood
week 1-7 JULY 2021

CHANDIGARH ACTIVITY REPORT

CHAIRPERSON MPH
DR. NIRMAL BHASIN

 NATIONAL IMA MPH

IMA Mission Pink Health



Safe motherhood week Chandigarh

MPH -WDW - IMA Chandigarh .

01/07/2021 - Doctors day we created awareness through a Q/A session with 7-8 economically weak pregnant women. As they are the ones who don't have the privilege to attend prenatal & post natal classes.

The session was followed by high tea & distributing masks / sanitisers / cream for stretch marks & a few protein rich food items.



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safe  *motherhood*
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GUJRAT ACTIVITY REPORT

CHAIRPERSON MPH
DR. SONIA CHANDNANI

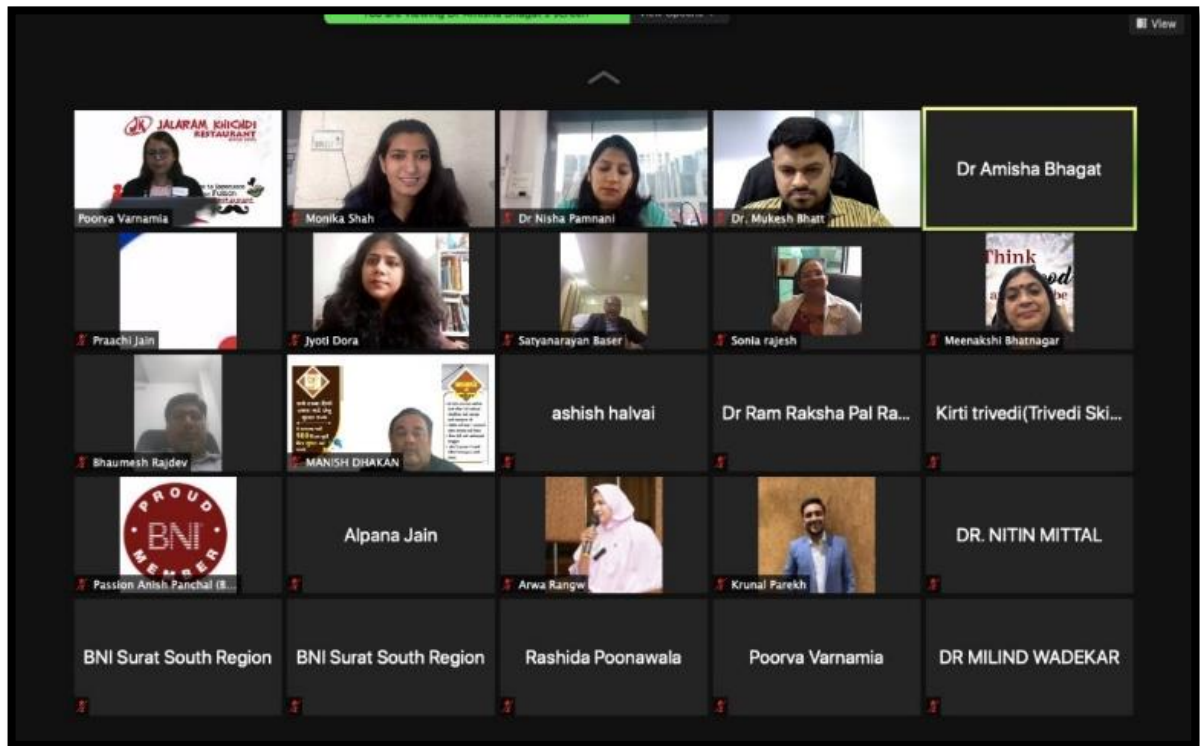
 NATIONAL IMA MPH

IMA Mission Pink Health

SAFE MOTHERHOOD



Webinar With Doctors



Celebrating Doctor's Day

BNI
GREATER
SURAT

BNI WIN
Women in Business and Networking

DOCTOR'S DAY
Celebration



Dr. MEGHA SHAH
BNI ALCHEMIST
Cosmetologist, Cosmetic Surgeon



Dr. SONIA CHANDNANI
BNI ALCHEMIST
Multi Specialty Hospital



Dr. NISHA PAMNANI
BNI GLADIATORS
Dental Surgeon



Dr. AMISHA BHAGAT
BNI QUANTUM
Physiotherapist Osteopath and Master Fitness Trainer



Dr. ALPANA JAIN
BNI PASSION
Pathology Lab



POORVA VARNAMIA
Chairman



JYOTI DORA
Vice Chairman

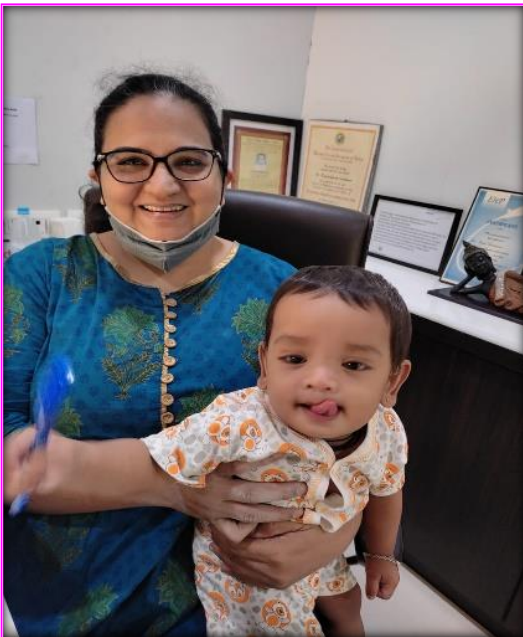


PRAACHI JAIN
Coordinator

📅 10th July 2021 ⌚ 4PM to 6PM

🔗 Connect On Zoom





Celebrating Motherhood with spirituality





***Felicitations
from SGCCI
and WICCI***



INDIAN MEDICAL ASSOCIATION

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Mission Pink Health

safe  motherhood
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HARYANA ACTIVITY REPORT

CHAIRPERSON MPH
DR. ANISHA MAHAJAN

 NATIONAL IMA MPH

IMA Mission Pink Health



YAMUNANAGAR

26th June 2021

MPH IMA Jagadhri Yamunanagar jointly celebrated Doctor's day
Minutes of the meeting were

1. Welcome speech by chairperson WDW Dr Suman Daniel Masih
 2. Words of wisdom by IMA president Dr Sunila Soni
 3. Performance by Doctors and their kids
 4. Vote of thnx by Dr Ritu Mago
- All the members of MPH ,WDW IMA Jagadhri Yamunanagar made this celebration successful with their presence

Thnx

Team

IMA WDW Jagadhri Yamunanagar

MPH Yamunanagar

IMA Jagadhri Yamunanagar



IMA Mission Pink Health



KURUKSHETRA

01st July 2021



MPH,WDW WINGS OF IMA Kurukshetra jointly celebrated Doctor's day

Minutes of the meeting were

- 1. Welcome speech by Dr Payal**
- 2. Facilitation of Corona warriors by CMO Kurukshetra Dr S.L Verm ,president IMA Dr. Pruthi n secretary IMA Dr Sandeep Kothari**
- 3.Speech on safe motherhood by Dr Sandhya Mittal**
- 4.Tambola n Game by Dr Payal Mrs Abha**
- 5.Writing game on Motherhood by Dr Sandhya Mittal , Dr Deepali**

All the members of MPH ,WDW IMA Kurukshetra made this celebration successful with their presence.





PALWAL
08th July 2021



City : Vardan Hospital, Palwal

i) Talk on Covid Vaccination in Pregnancy & Lactation Dr. Mithilesh Bansal

ii) Talk on Menstrual Hygiene & Menstrual Cup Dr. Kunika Chechi



IMA Mission Pink Health



GURUGRAM
09th July 2021



**City Gurugram, SAFE MOTHERHOOD WEAK
(Webinar)Activities**

- I) Talk on Mental Health- Dr. Savita Chaudhary**
- II) Talk on Menstrual Hygiene- Dr. Reema Jain**
- III) Importance of Exercise- Dr. Vandana Narula
Dr. Sarika Verma**

आईएमए ने किया ऑनलाइन प्रारूप में मिशन पिंक हेल्थ को फिर से शुरू

गुरुग्राम/देव केसरी, अरविंद चंदन। इंडियन मेडिकल एसोसिएशन गुरुग्राम ने विभिन्न स्कूलों की छात्राओं तक पहुंचने के लिए मिशन पिंक हेल्थ को एक ऑनलाइन प्रारूप में शुरू किया। डॉ वंदना नरूला अध्यक्ष आईएमए गुडगांव ने कहा कि कोविड की स्थिति को ध्यान में रखते हुए फिलहाल स्कूल में फिजिकल सेशन करना असंभव है। डॉ सारिका वर्मा सचिव आईएमए ने कहा कि 9वीं से 12वीं कक्षा तक की युवा लड़कियों तक पहुंचने और उन्हें चिकित्सा विशेषज्ञों द्वारा जानकारी प्रदान करने के लिए यह एक अद्भुत पहल है। आज प्रथम सत्र का संचालन डॉ



सविता चौधरी एमपीएच चेयरपर्सन और डॉ रीमा जैन एमपीएच सचिव ने किया। स्वस्थ जीवन पर सुझाव, मानसिक स्वास्थ्य का महत्व, मासिक स्वच्छता और मासिक धर्म के बारे में बुनियादी ज्ञान, दैनिक व्यायाम और आत्मसम्मान जैसे महत्वपूर्ण विषयों को संबोधित किया गया।

डॉ रीमा ने कहा कि पहले हम स्कूलों में एनीमिया जांच शिविर लगाते थे और आयरन की गोलियां बांटते थे। हम उम्मीद कर रहे हैं कि एक बार कोविड की स्थिति सुलझने के बाद हम एक बार फिर से व्यक्तिगत रूप से स्कूल का दौरा शुरू करेंगे।



SONIPAT

3rd July 2021



MPH team of IMA Sonipat organised a public awareness program for women on 3rd July covering topics :

- 1) Importance of regular antenatal check ups & institutional delivery
- 2) Nutritional anaemia – Symptoms, harmful effects on pregnancy, early detection & treatment
- 3) Covid & pregnancy, covid vaccination in pregnancy
- 4) Menstrual hygiene.

Speakers were Dr. Divya , Dr. Suhail , Dr. Tanvi .



IMA Mission Pink Health



INDIAN MEDICAL ASSOCIATION

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Mission 
Pink Health
safe  **motherhood**
week 1-7 JULY 2021

JHARKHAND
ACTIVITY REPORT

CHAIRPERSON MPH
DR. SANTVANA SHARAN

 NATIONAL IMA MPH

IMA Mission Pink Health



SAFE MOTHERHOOD WEEK

FREE CHECK UP AND FREE USG OF PREGNANT WOMEN

A health check up camp was organised by Dr. Meeta Sinha at Bokaro, Jharkhand on 6th July . Total 75 pregnant women were examined & USG abdomen was done .



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week **1-7 JULY 2021**

KERELA ACTIVITY REPORT

CHAIRPERSON MPH
DR. AJITHA CALICUT

 NATIONAL IMA MPH

IMA Mission Pink Health



REPORT OF SAFE MOTHERHOOD ACTIVITIES OF IMA KERALA STATE BRANCH - SAFE MOTHERHOOD WEEK- MPH - 1st TO 7th JULY.

Safe Motherhood Series of programmes were attended by MPH leaders from many branches. Members also participated in the poster competition. We are sending the reports received till 10th July.

MPH Nemom.

07.07.2021: Dr.Chandini Devi conducted a session on “Safe Motherhood” to the staff and patients of the Marianilayam Hospital, Chovvara, Vizhinjam. 50 participants attended the programme.

09.07.2021: Sensitization session to the field staff, ASHA workers and Medical Officers of Community Health Centre, Vilappil, Thiruvananthapuram was conducted by Dr.Chandini Devi on “**Safe Motherhood**”. The session was chaired by Dr.Gopinathan Nair, the branch President. Dr.Rajeswari Amma, the State Secretary of Mission Pink Health inaugurated the programme.

Dr.Elizabeth Cheriyan, and Dr.Suresh Rabin from the Vilappil CHC, Dr.Mohanan Nair, Founder President of IMA Nemom Branch, Dr.Indira Amma,

Secretary and Dr. Satheesh Kumar, Executive member participated in the webinar. About 50 staff members attended the programme.





MPH Kazhakoottam.

26/06/21: IMA Kazhakoottam-WDW in association with Mission Pink Health conducted a webinar on “**Menstrual Hygiene**” for students and Teachers of Muslim Girls High School and HSS . The programme was presided by Dr Kavitha Ravi, President IMA Kazhakoottam. Dr Riaz I, Secretary IMA Kazhakoottam welcomed the students. Dr Thanuja. S, Associate Professor Gynaecology, discussed about menstrual hygiene and common problems associated with menstruation. The programme was also attended by Mr Wilfred John, Principal HSS and Miss Beena SS, Headmistress MGHSS, Kaniyapuram. Total participants-65.

IMA KAZHAKOOTAM
Mission Pink Health
Awareness Class on Menstrual Hygiene
@ Muslim Girls High School & HSS, Kaniyapuram
On 26.06.21, Saturday, 7pm

Speaker
DR THANOJA S
 Associate Professor, Obstetrics & Gynaecology, GMC Kollam

 Dr. Kavitha Ravi President IMA KZKTM & National Secretary, WDW IMA	 Dr Rafeeda Chairperson, WDW, IMA Kzktm	 Dr Vineetha Nair Secretary, WDW IMA Kzktm	 Dr. Riaz. I Secretary IMA KZKTM	 Dr Bindusha MPH co-ordinator
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 Mr. Wilfred John S Principal MGHSS Kaniyapuram	 Ms. Beena. S. S Headmistress MGHSS Kaniyapuram
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MPH Madhya Kerala

05.07.2021: Awareness class was conducted for staff & patients on '**Antenatal Care, The Warning Signs**' by Dr. Bindu Suresh, Consultant Gynaecologist, at Karothukuzhi Hospital, Aluva. Total participants-35.

2. Dr. Liza Thomas presented 7 posters, one each every day in the Safe Motherhood Week and presented a video related to the same, on social media, to create awareness among the public. She also took part in the e-poster competition in association with Safe Motherhood Week observance conducted. by IMA in association with WDW, Mission Pink Health and Safe Motherhood Committee.



MPH Kunnampulam

07.07.2021: Dr.Geetha Devi organised an orientation class on **Anaemia in pregnancy** for the patients at her clinic. Pamphlets on anaemia were given to the patients. Besides haematinics were also given. About 20 people participated in the programme.



Dated 10th July 2021.

Dr. Ajitha. P.N. Chairperson,

Dr. Rajeswari Amma. S.K., Secretary,

MPH IMA KSB.

MPH IMA KSB.



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week **1-7 JULY 2021**

KARNATAKA ACTIVITY REPORT

CHAIRPERSON MPH
DR. RADIKA KULKARNI

 NATIONAL IMA MPH

IMA Mission Pink Health



Public Awareness Program Covering adolescent health and preconception held at Maternal and child care Center / CSI / and Dr Radika Kulkarni hospital

- 1) Antenatal care.
 - 2) Post natal care.
 - 3) Honoured COVID warriors
 - 4) Advised vaccinations for pregnant and lactating women
- Covid protocol followed





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week 1-7 JULY 2021

MAHARASHTRA ACTIVITY REPORT


CHAIRPERSON MPH
**DR. ARCHANA MANGESH
PATE**

 NATIONAL IMA MPH

IMA Mission Pink Health



Activities Conducted for "Safe Motherhood Week" from 1 st to 7 th July 2021 under Mission Pink Health			
A	Multiple video's released for awareness on "Safe Motherhood" various aspects by IMA Mira Bhayander		
1	Preconception Care by Dr.Rakhi Agarwal (President IMA Mira Bhayander & Executive Member Team MPH IMA HQ)	https://youtu.be/2H9qKKjMa8s	<p>Preconception care</p>
2	Breast Feeding by Dr.Rajeev Agarwal (Paediatrician -Mira Bhayander)	https://youtu.be/J8tU6-xyE8M	<p>Breast feeding</p>
3	Exercise in Pregnancy (Dr.Jagruti Ghosh & Dr.Veena Jindal Consultant Obgy-Mira Bhayander)	https://youtu.be/t4RAXyOCLgg	<p>ANC YOGA</p>
4	Diet in Pregnancy -Part 1(Dr.Preeti Sharma Consultant Obgy-Mira Bhayander)	https://youtu.be/_tKF_vwkgBE	
5	Diet in Pregnancy -Part 2 (Dr.Preeti Sharma Consultant Obgy-Mira Bhayander)	https://youtu.be/b_-aVgGYgAM	

<p>B</p> <p>Interview on National Doctors Day 1st July 2021 covering IMA Safe Motherhood, Doctor Patient relationship, role of NGO by Dr.Rakhi Agarwal (President IMA Mira Bhayander & Executive Member Team MPH IMA HQ)</p> <p>https://youtu.be/STFsvlHasj4</p>	
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C

Conducted a Webinar on Nurses Training programme on "Safe Motherhood" on Hybrid platform at Wockhardt Hospital Mira Road. Approx 85 Nurses benefitted from same



D

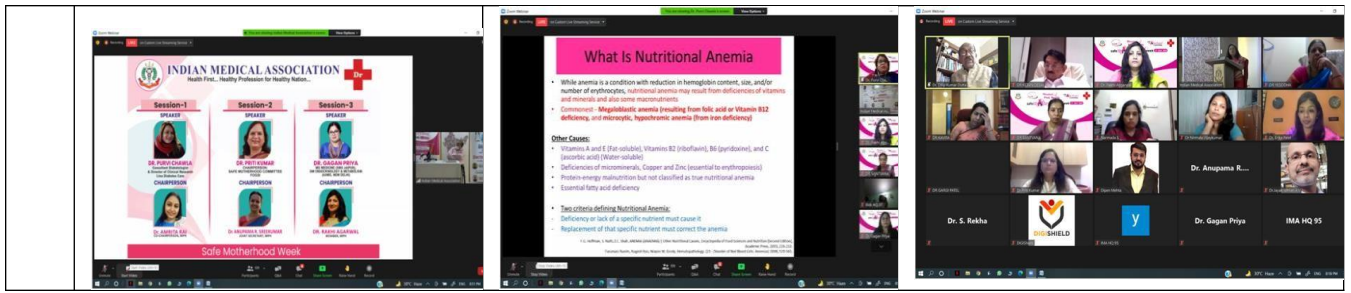
Dance and Dialogue themeshow on "Safe Motherhood" initiative of National IMA Mission Pink Health Team under leadership of Dr.Divya Saxena on Doctors Day 1st July 2021 was E-released on Day-1 of National Webinar on "Safe Motherhood" by IMA HQ & is also uploaded on National Mission Pink Health Youtube Channel.

This was brain child of Dr.Rakhi Agarwal (President IMA Mira Bhayander & Executive Member Team MPH IMA HQ) who Conceptulized, Scripted & got it choreographed. There were in all 9 Participants from MPH Team who performed.



E

Chaired a Session (Childhood Obesity - leading to metabolic disorders & high risk pregnancy by Dr.Gagan Priya) on day-1 Webinar 1st July 2021 on "Safe Motherhood" by IMA HQ <https://youtu.be/ZnbNWuVnIV0>



Thanks & Regards

Dr. Rakhi Agarwal

(President IMA Mira Bhayander & Executive Member Team MPH IMA HQ)



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week **1-7 JULY 2021**

MADHYA PRADESH ACTIVITY REPORT

CHAIRPERSON MPH
DR. SADHNA SODANI

 NATIONAL IMA MPH

IMA Mission Pink Health

INDIAN MEDICAL ASSOCIATION



Mission Pink Health



INDIAN ACADEMY OF PAEDIATRICS

2021

CHHINDWARA (M.P.)

safe motherhood week

1 - 7 JULY

***ACTIVITIES DONE BY
CHHINDWARA M.P.***

IAP Chhindwara and IMA Mission Pink Health Chhindwara
Conducted a webinar on the eve of



Doctors day 1 st JULY

Moderator...

Dr Alpana shukla

Introduction..

Dr Sushil Rathi

Topic
Safe Motherhood Week 1 to 7 July.

Speakers.... Introduction...

Dr Sushil Rathi.

Adolescence- the foundation...

Dr Samta Malik

Preconception to postpartum...

Dr M Sirpurkar.

HOD CIIMS Obs and Gyne
Journey of

Baby from womb to the world..

Dr J M Shrivastav.

Conclusion... Dr S K Bindra.

1st July 2021

IMA, IAP, FOGSI members attended the programme.

Mission Pink Health



safe motherhood week



**IMA Mission Pink Health
Chhindwara continues to give
education
to ladies towards Safe Motherhood
Dr Shobha Moitra
Dr Kanchan Sushil Dubey Dr
Shweta Pathak and staff
addressing the patients
in Gyne. OPD of Dist. Hospital
Chhindwara.
2nd July**



IMA Mission Pink Health



Health Education On Safe Motherhood By Staff At Gynecology OPD Distt. Hospital Chhindwara

Dr Alpana Shukla 3rd July



IMA Mission Pink Health



***IMA Mission Pink Health
Chhindwara FM broadcast on
Akashwani
on Safe Motherhood.
Speaker...
Dr Alpana Shukla 5th July***



IMA Mission Pink Health



**Mission Pink Health.
Chhindwara. Health
education on the topic to
patients in OPD of private
clinics and nursing homes.
Chhindwara 6th July**



Health Education on the topic by staff at Gyne OPD Chhindwara.

IMA Mission Pink Health



**IMA Mission Pink Health Chhindwara.
Conducted A Webinar For Patients
NGOs Women Adolescents Of The
City.**

**7th July
DR ALPNA SHUKLA WAS THE
SPEAKER**



IMA Mission Pink Health



INDIAN MEDICAL ASSOCIATION



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Pink Health



INDIAN ACADEMY OF PAEDIATRICS

2021

CHHINDWARA (M.P.)

safe
motherhood
week

1 - 7 JULY

IMA Mission Pink Health



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safe  *motherhood*
week **1-7 JULY 2021**

TAMILNADU ACTIVITY REPORT

***CHAIRPERSON MPH
DR. NARMADA***

 NATIONAL IMA MPH

IMA Mission Pink Health



Report of IMA WDW of Tamilnadu – Safe motherhood week celebrations



July 1st – 7th 2021

Safe motherhood week from July 1st to 7th was conducted in various districts of our IMA in a very enthusiastic manner. Among the districts,

Coimbatore, Chennai South and Kanchipuram

had week long celebrations with activities on each day. The other districts conducted several activities on various days.

Districts which conducted activities were **Ambattur-avadi, Attur, Dharmapuri, Erode, Hosur, Namakkal Tirupur, Tirunelveli and Vellore**

Week long activities by branches:

CME program conducted by Chennai South:

Chennai south WDW had week long program for the paramedical people. It was live on you tube and also had a very good viewership. The week long program covered important topics for the staffs.

INDIAN MEDICAL ASSOCIATION CHENNAI SOUTH WOMEN'S WING SAFE MOTHERHOOD WEEK

SPECIAL PROGRAM FOR PARAMEDICS OF ALL HOSPITALS AND NURSING HOMES

1 JULY 21 NORMAL LABOR STAGE AND PREPARATION DR. BHARGAVATHANANI	2 JULY 21 PREGNANCY INDUCED HYPERTENSION DR. S. VIGNA	3 JULY 21 ANEMIA IN PREGNANCY DR. T. S. SHANTHI SUNDARINI
4 JULY 21 FETOOBARI DR. V. KANTHURI	5 JULY 21 PPH DR. C. SENEATHI	6 JULY 21 NEONATAL RESUSCITATION DR. J. MEENAKSHI
7 JULY 21 DR. S. PREETHAM LALOO, PPHCS, POSTNATAL SEPSIS DR. S. SAMPATH KUMARI		

1st - 7th July 2021 - 5 to 6 PM

week long academic initiative on safe motherhood

ZOOM ID 644 644 6666 PWD 64 64 64

Dr. C. V. Natarajan (President - IMA CS), Dr. Shanta Narayanan (Secretary - IMA CS), Dr. Mangoli Saravanan (Treasurer - IMA CS), Dr. S. Sampath Kumari (Chairperson WW), Dr. K. Tara (Secretary WW)



Description

IMA CS DAY 2 SAFE MOTHERHOOD 02072021

IMAGES FROM TIME: 16:05 - 08 views - Streamed live on 2 Jul 2021



Description

IMA CS Day 3 SAFE MOTHERHOOD - ANEMIA IN PREGNANCY

IMAGES FROM TIME: 16:46 - 22 views - Streamed live on 3 Jul 2021



Description

IMA CS SAFE MOTHERHOOD WEEK DAY 1 01 JULY 2021

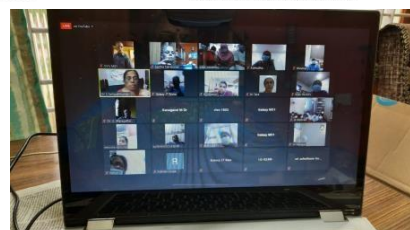
IMAGES FROM TIME: 01:46 - 91 views - Streamed live on 1 Jul 2021



Description

IMA CS DAY 6 SAFE MOTHERHOOD NEONATAL RESUSCITATION

IMAGES FROM TIME: 17:47 - 47 views - Streamed live 4 hours ago





IMA coimbatore had week long program for the women and antenatal others on various topics

Under the project name of 'Thaimai'

It was a week long program concentrating on mothers mental wellness and removing their anxiety. Around 31 mothers had attended consistently all the programs

IMA COIMBATORE PRESENTS
SAFE MOTHERHOOD WEEK
JULY 1- JULY 7

தாய்மை
Free Online Session for Pregnant Women

Day 1 - Knowing Yourself to guide your baby.
Day 2- Gratitude towards your Pregnancy.
Day 3- Health within you.
Day 4- Meditation and Bonding with your Baby.
Day 5- Prenatal Music and Hobby Creations.
Day 6- Energy Healing through Senses.
Day 7- Power Thinking with energy bonding.

Everyday activities will be posted, Those who finished and posted their activities will be allowed to participate next week activities.
Offline session will be conducted after the lockdown is lifted.

safe motherhood week 1-7 JULY 2021

Dr. V. Rajesh Babu
President

Dr. Priya Kubendran
Secretary

INDIAN MEDICAL ASSOCIATION
WOMEN DOCTORS WING
Coimbatore branch
Cordially Invites you for

"Safe Motherhood week" programme

Date: 1st to 7th July Time: 5.00 PM Virtual
Programme

"Gratitude towards your Pregnancy"

Moderators:
Dr. Vyjayanthi
Dr. Nirmala Jayanthi
Dr. Ramadevi
Dr. S. Karuna
Dr. T. Nalini
Dr. Sowmya vadana

Conducted by Mrs. Maheswari
Prenatal counselor

Dr. V. Rajesh Babu President IMA CBE
Dr. Priya Kubendran Secretary IMA CBE
Dr. B. Koshairam Finance Secretary IMA CBE
Dr. T. Nalini Chairman WDW IMA CBE
Dr. Sowmya Vadana Secretary WDW IMA CBE



IMA Kanchipuram had conducted awareness programs in various places throughout this week

Kanchipuram activity day 1 – awareness program to 25 antenatal mothers at EMMESS women's care center



Day 2 – Kanchipuram – Awareness program at AKG fertility center - 16 antenatal and infertile women benefitted



Day 3 – Kanchipuram – Awareness program at Dr. Umadevi Women care – Safe motherhood goals, life style related changes and issues in women, postpartum care, male sterilization method and advantages discussed. Around 30 men and women benefitted



Day 4 – Awareness program at LKSR women's care Kanchipuram – AN care, birth spacing, identifying high risk pregnancy and COVID in pregnancy – around 18 women benefitted



Day 5 – Awareness program conducted at Janani Nursing Home – Safemotherhood goals, IMprotance of AN care Around 28 women benefitted



Day 5 – Kanchipuram – Awareness program at RM Women Care- Life style related issues discussed



Day 6 – Kanchipuram – Awareness program at Urban PHC, Sevilmedu Municipality, Kanchipuram



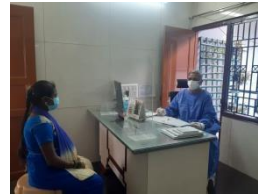
Activities of other branches

Ambattur – Avadi branches – Safe motherhood week celebrated in interaction with public. Doctors addressed the public about PCO, anemia and diet food habits



Attur Branch –

Activity 1 – All the members advised regarding general points of safe motherhood in OP





Activity 2- Counselling expectant mothers about contraception. Activity Awareness program on safe motherhood at MVS health center, Attur



Activity 3 - Safe motherhood awareness program at Attur Government hospital



Activity 4 - Another awareness program conducted at Arokyamadinilayam, Gangavalli



Dharmapuri Branch- Safe motherhood week celebrated at Dharmapuri medical college in association with Women's wing. Around 85 beneficiaries were benefitted.

AN mothers sensitised about AN care and contraception.
Nursing students, PGs and CRRIs were educated about care given at primary and secondary levels

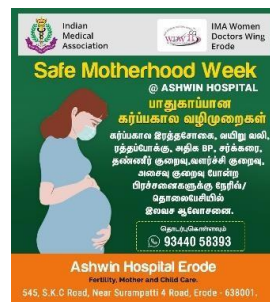
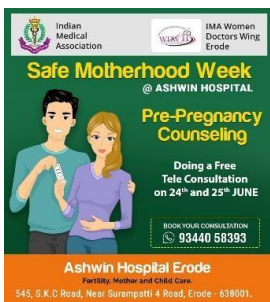
Quix programs conducted for students and CRRIs
FAQs answered for pregnant women and their attenders





Erode branch –

Activity 1 – Teleconsultation program – Pre-pregnancy and for pregnant ladies



Activity 2 – Safe motherhood talk – Garbhasanskar program



Activity 3 – Safe motherhood program conducted at Aswini hospital, Dr. Chitra, Erode. Around 21 antenatal mothers attended the program





Activity 4 – Antenatal awareness program conducted by Erode WDW members

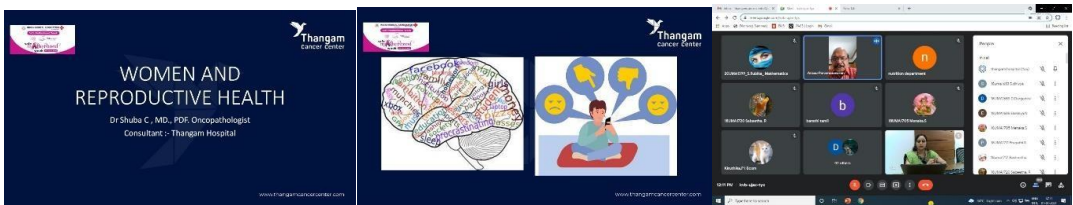


Hosur branch – Women’s wing educated prenatal, antenatal and postnatal mothers regarding nutrition importance of macro and micronutrients and to make pregnancy a beautiful journey.



Namakkal branch –

Activity 1 – Awareness program about safe motherhood starts from adolescent girls. Awareness among college girls of Trinity



Activity 2 – safe motherhood program awareness program conducted for paramedics of Thangam hospital





Activity 3 – Dr. Kavitha with hospital staffs promoted breast feeding to expectant mothers



Activity 4 – Thangam hospital awareness program about safe motherhood to expectant mother,her other and mother in law, pre-pregnancy counselling to newly married couple



Tiruchi branch – Safe motherhood program conducted at Posampatti village, Tiruchi. Awareness program conducted on diabetes, hypertension, anemia and general health issues, reproductive health, pregnancy and safe motherhood



Tirunelveli branch – Safemotherhood program at ESI Hospital, Tirunelveli. Antenatal mothers sensitised about the whole program



Vellore branch

Activity 1 – Safe motherhood program for prospective mothers concentrating on adolescent girls to sensitise on anemia and PCOD was conducted for 50 paramedical students



Activity 2 – As a part of safemotherhood program 45 antenatal mothers were educated about antenatal period care and delivery management



Participation in National safe motherhood week

Most of our members took active participation in the week long program conducted by National IMA.



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safe  *motherhood*
week **1-7 JULY 2021**

TRIPURA ACTIVITY REPORT

CHAIRPERSON MPH
DR. GOPA CHATTERJEE

 NATIONAL IMA MPH

IMA Mission Pink Health



Safe motherhood week – an awareness programme was organised by Dr. Gopa Chatterji at AGMC, Agartala, Tripura.



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week **1-7 JULY 2021**

UTTAR PRADESH ACTIVITY REPORT

CHAIRPERSON MPH
DR. DIVYA CHAUDHARY

 NATIONAL IMA MPH

IMA Mission Pink Health



Safe Motherhood Week A Report IMA Mission Pink Health Uttar Pradesh Chapter

INDIAN MEDICAL ASSOCIATION  
Presents

Safe Motherhood Week

with

safe motherhood week 1-7 JULY 2021

A week long webinar series
addressing all health-related issues of pregnancy
leading to safe motherhood

A national level initiative

safe motherhood Week 1-7 JULY 2021

  **Mission Pink Health**  

safe motherhood week 1-7 JULY 2021

Chairperson MPH UP Chapter: Dr Divya Chaudhary
Secretary MPH UP Chapter: Dr Anamika Pandey Team
Mission Pink Health UP Chapter
MPH Teams in districts of UP

IMA Mission Pink Health



Contents

Reports from various districts of UP (Alphabetical order)

(A)WDW and MPH are two separate wings under IMA

Report Aligarh MPH: Chairperson: Dr Jolly Varshney, Secretary: Dr Surabhi Agrawal.....3 Report from Lucknow MPH: Chairperson: Dr Neerja Singh, Secretary: Dr Anamika Pandey.....4 Report from Meerut MPH: Chairperson: Dr Renu Bhagat, Secretary: Dr Himani Agarwal.....6

(B)WDW and MPH are (Merged) not separate wings

Report from Ghaziabad:7 Report from Gonda: Chairperson: Dr Renu Agarwal, Secretary: Dr Usha Agarwal.....7 Report from Hapur: Chairperson: Dr Asha Misra, Secretary: Dr Neeta Sharma.....8 Report from Sitapur: Chairperson: Dr Shalu Kapoor, Secretary: Dr Shephali Goel.....9

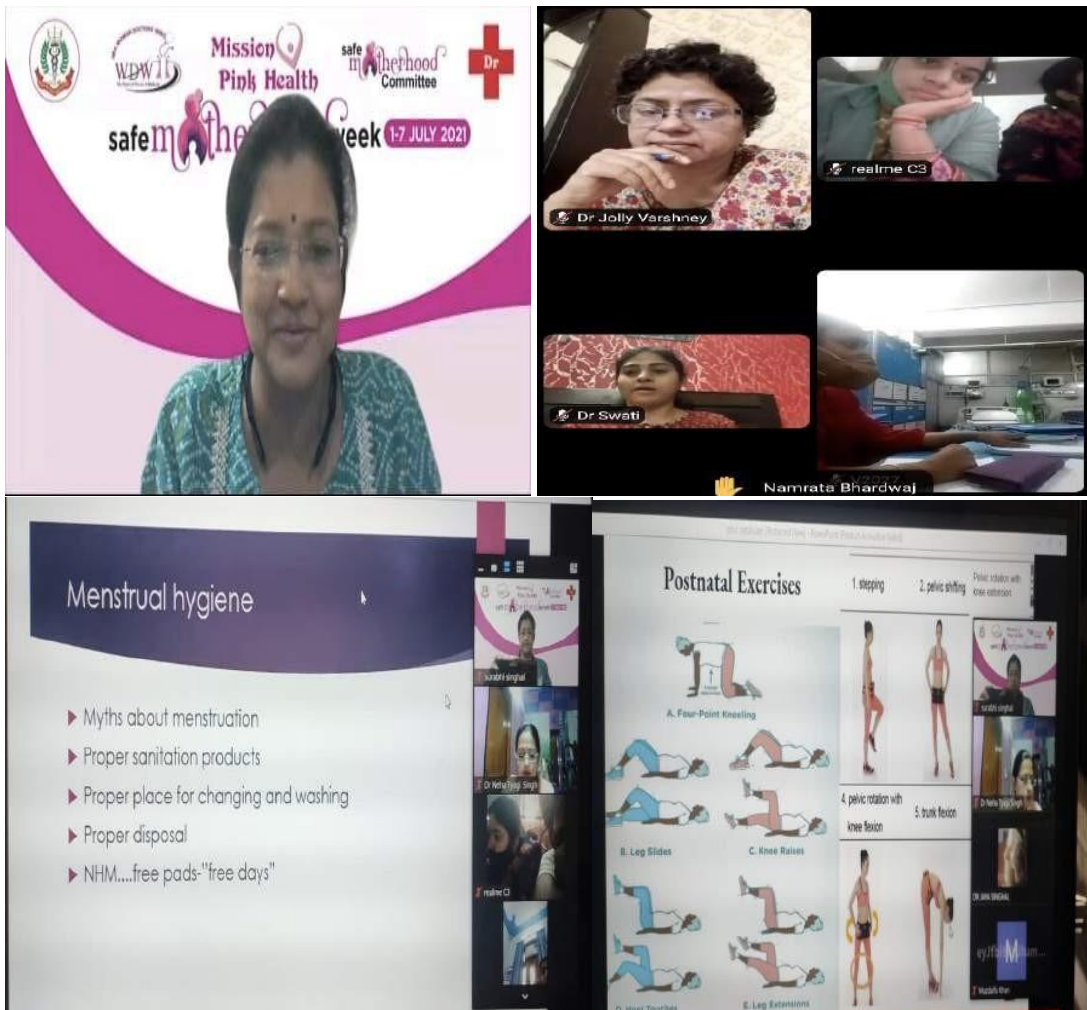


A Report from MPH Aligarh

6.07.2021

E- Public forum for Hospital staff

In a one of its kind online webinar MPH Aligarh in association with WDW, conducted sessions for hospital staff and paramedics of various hospitals and clinics to create awareness among them so that the message can be passed through them to the society. Nearly hundred participants took part in this webinar. Dr Namrata Bharadwaj spoke on Adolescent health; a gateway to healthy pregnancy, She emphasized on Diet, Nutrition and Anaemia in adolescents. Other Topics covered were Screening for High risk pregnancy to reduce maternal morbidity and mortality, Postpartum care and breastfeeding, COVID-19 vaccination in pregnancy and Lactation-myths and facts. It was a very interactive session with more than 100 participants.





A Report from MPH Lucknow

1.07.2021

IMA Lucknow Award Ceremony: Felicitation of Members

IMA felicitated COVID warriors (MPH and WDW members); Dr Rukhsana Khan Vice Chairperson WDW North Zone and Dr Anamika Pandey Secretary Mission Pink Health UP, were felicitated (by then DM) for their contribution in COVID Helpline. This helpline was an initiative of IMA Lucknow to counsel and support COVID patients. It received calls from all over the UP State.



Sanitization Kit Distribution and awareness session for community

Mission Pink Health members distributed fifty 'Sanitisation Kits' on 1st July. This activity was performed in collaboration with the organisation 'Indus Action' that provided the MPH members an opportunity to interact with the Migrant labourers, construction workers and Slum dwellers on COVID appropriate behaviour. College students and young volunteers were part of this activity. This shall be an ongoing activity under the MPH Lucknow's, initiative 'Be prepared; COVID may hit again' involving adolescents and young adults and helping underprivileged communities remain safe.





3.07.2021

COVID-19 Prevention Practices in Young Adults, Pregnant and Lactating Mothers

The webinar was organised in collaboration, by IMA MPH and WDW. Esteemed speakers and subject matter experts from Sanjay Gandhi Post Graduate Institute (SGPGI) discussed the topics on COVID-19 vaccines: Reality and Myths, COVID-19 vaccine in pregnancy and lactation and Masks: a social vaccine. Fifty college students, Principals and staff from three colleges as well as IMA WDW members attended the program and made it complete and successful by their participation. Dr Rukhsana Khan Vice Chairperson North Zone WDW was the Chief Guest.

IMA Mission Pink Health and WDW Lucknow
invite you for a webinar

A PUBLIC FORUM ON COVID-19 PREVENTION PRACTICES

DATE: 3rd July 2021
TIME: 5:00 – 6:30 p.m.
Zoom Meeting ID 5690543560
Passcode – wdw

SPEAKERS

Chief Guest
Dr. Rukhsana Khan
Vice Chairperson
WDW North Zone

Guest of honour
Dr. Manju Shukla
Chairperson
WDW Lucknow

Chairpersons
Dr. Rama Srivastava
President IMA Lucknow
Dr. J. D. Rawat
Secretary IMA Lucknow

Dr. Prerna Kapoor
SAG Senior Physician General Hospital, SGPGI Lucknow
Nodal officer, National Tuberculosis Elimination Program (NTEP)/IAT, SGPGIMS
Topic- COVID-19 Vaccine: Reality and Myths

Dr. Sangeeta Mehrotra
Zone III Vice Chairperson WDW UP
Topic- COVID Vaccine in Pregnant and Lactating Women

Dr. Amit Rastogi
Associate Professor Anaesthesiology Department
SGPGI Lucknow
Topic- Masks: An effective social vaccine

Conveners
Dr. Neeraja Singh
Chairperson
IMA Mission Pink Health Lucknow
Dr. Anamika Pandey
Secretary IMA Mission Pink Health
UP Chapter

Participants: Manjushukla, Dr. Prerna Kapoor, Manish Agnani, Hemrajshu Gupta, Anamika Pandey, Asha Misra, DR RAMA SRIVASTAVA, Dr. Rukhsana Khan



A Report from MPHMeerut

5.07.2021

Mission Pink Health Installation ceremony

MPH as an Executive body/Wing of IMA Meerut branch was installed at IMA Hall Meerut; In presence of Chief guest Dr.M.K.Bansal President IMA UP state. Dr.Anil Kapoor President IMA Meerut, Dr.Amit Upadhyay Finance Secretary, Dr.Umang Arora Media Secretary, Dr.Shanti Swaroop Library secretary and Dr Renu Bhagat Secretary WDW UP. Other dignitaries were also present. Dr.Himani Agarwal was appointed as Secretary for MPH Meerut and Dr Renu Bhagat shall act as Chairperson of this wing of IMA. MPH Meerut collaborated with the NGO Arunodaya sanstha; The chairperson Dr Anubhuti Chauhan was also present in the ceremony.



6.07.2021

Awareness session on Menstrual Hygiene:

MPH Meerut in presence of Secretary MPH Dr Himani Agarwal, organised their first programme at Rural Health Centre of NCR Institute of Medical Sciences, Meerut. The programme was graced by Dr M. K Bansal President IMA UP State, Dr Anil Kapoor President IMA Meerut, and all the executive members of MPH Meerut. The talk on menstrual Hygiene was given by Dr Asha Mishra Prof and HOD Obs and Gynae at NCR Medical college. The session was attended by more than 70 young girls of age 15-20 yrs. It was a very successful and interactive session. After the session, snacks packets and sanitizer were distributed to the participants.



IMA Mission Pink Health



A Report from MPH Ghaziabad

2.07.2021

A Webinar was organised by Ghaziabad team on Diet in COVID-19, Cancer and PCOS. It was attended by 44 doctors.



A Report from MPH Gonda

1.07.2021

A program on safe motherhood was organised by team MPH and WDW in Gonda, which captured importance of Diet, Nutrition and Anaemia in pre pregnancy and pregnancy state.





A Report from MPH Hapur

6.06.2021

WDW Hapur and MPH Hapur organised webinars on Topic; Safe Motherhood in Pandemic. Other important topics covered were Menstrual hygiene, How to prevent Sexual abuse in childhood, Diet in Pregnancy and Adolescence. Speakers also highlighted how to prevent Anaemia and importance of COVID-19 vaccination in pregnancy.



Many camps were organised for patients in most of our private hospitals & patients were taught how to use masks, sanitizer in COVID times and importance of Menstrual hygiene. Masks, sanitizers and sanitary pads were distributed at different centres. This was done under the guidance of WDW and MPH Chairperson Dr Asha Mishra, Secretary Dr Neeta Sharma, Many Executive members. Support from IMA president Dr Dinesh Garg and Secretary Dr Vikrant Bansal and Safe Mother Hood committee.



IMA Mission Pink Health



A Report from MPH Sitapur

1.07.2021

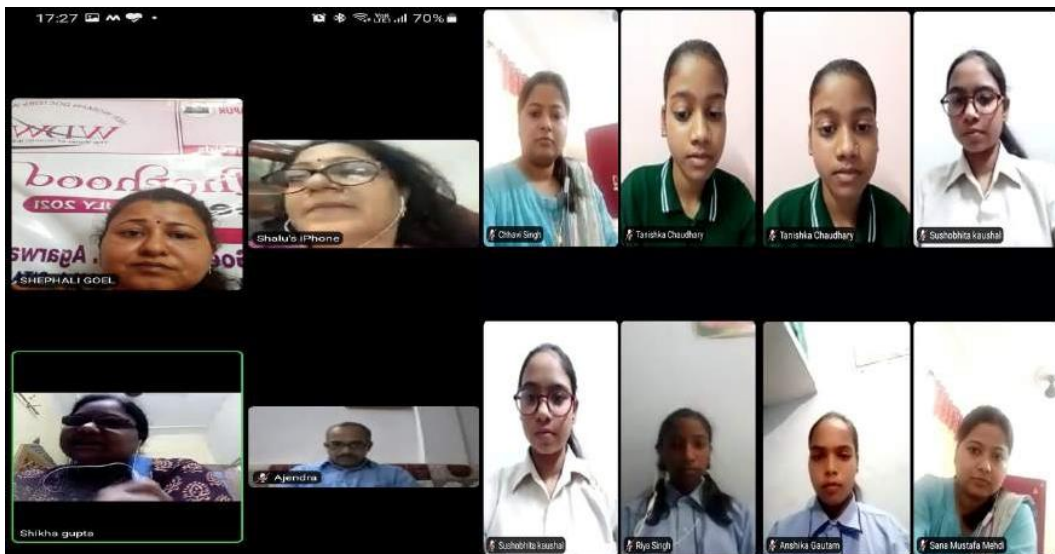
On Doctors day as mark of gratitude IMA, WDW, MPH Sitapur Felicitated Dr Kamal Baijal for fifty years of selfless service for making mothers safe; in presence of President IMA Sitapur Dr L N Agarwal, Vice President Dr R K Shrivastava, WDW Chairperson Dr Shalu Kapoor, Secretary Dr Shephali Goel.



4.07.2021

Menstrual Hygiene and Anaemia in Adolescents

A zoom meeting was organised on Menstrual hygiene and Anaemia in Adolescence with Bright Public School, Siddhauri. Forty students attended the meeting. A wonderful talk on the topic was taken by Dr Shikha Gupta Vice Chairperson WDW Sitapur. Queries of students were addressed by the speaker.





5.07.2021

Contraception advice for safe motherhood.

An elaborated counselling of reproductive age group married persons were done by Dr Shephali Goel. They were made aware about the different, temporary and permanent methods of contraception. Their queries were also addressed.



6.07.2021

Talk on Anaemia for safe motherhood

Dr Shalu Kapoor, Chairperson Sitapur WDW conducted a talk on Anaemia in pregnant mothers. She emphasized on adequate diet, regular ANC, Iron consumption to prevent anaemia.

